Tips to finding your Public Health Internship

1. Identify your public health interests.
   
   Content area/topic: __________________________________________
   
   Agency: ______________________________________________________
   
   Geographic location: __________________________________________
   
   Experience: __________________________________________________

2. Review form student intern recommendations
   
   hs.byu.edu ⇒ Students ⇒ Internships ⇒ Internship Recommendations ⇒ search by geographic location ⇒ read reviews from former students (Form G)

3. Internship board on department website
   
   hs.byu.edu ⇒ Students ⇒ Internships ⇒ Internship Board

4. UPHCareers listserv
   
   To sign up for membership/weekly email alerts ⇒
   
   https://docs.google.com/forms/d/1XwtopwGDfpCmJ4FysevMjsf3OdBTchnRkxqXJjib2LY/viewform

5. On-campus resources
   
   Kennedy Center (international internship opportunities) ⇒ kennedy.byu.edu
   
   Washington Seminar (DC internships and housing) ⇒ washingtonseminar.byu.edu
   
   Ballard Center (on and off campus internships) ⇒ marriottschool.byu.edu/selfreliance/
   
   General BYU Internship Information ⇒ University Internship Office ⇒ intern.byu.edu

6. Network with department faculty
   
   ⇒ Make an appointment & come prepared to discuss internship ideas based on your interests
   
   ⇒ Humbly request contact information and follow up

7. Network with professional/family/friend contacts
   
   ⇒ Update LinkedIn with your internship interests and location
   
   ⇒ Talk to personal contacts about internship goals
   
   ⇒ Request contact information and follow up

8. General and Agency Specific Internet search
   
   Google search: public health internships at certain agencies or in certain locations
   
   Agency website: internships, volunteer, staff, job postings

9. “Hit the pavement”
   
   Start making phone calls, in person appointments, and emails with resume & writing sample

10. After completing this worksheet, make an appointment with Department Internship Coordinator
    
    ⇒ Stephanie Lutz, MS, CHES, 2060B LSB, stephanie_lutz@byu.edu,
    
    ⇒ To make an appointment, call 422-3386 and schedule w/secretary, M-Th, 9am-2pm, phone
⇒ Before appointment, read entire internship syllabus and bring this completed worksheet
⇒ (801) 422-1943 office, (801) 830-1605 cell/text
⇒ Internship TA email, publichealthinternships@gmail.com